

COURSE INFORMATION – CERTIFICATE

Certificate in Preparatory Dance

Level 4
Credits: 115 (with 10 extra credits which can be achieved).
Duration 1 year

This comprehensive course enables students to improve their strength and extend their ability in preparation for further full time training. This exciting course is perfect for learners who need a stepping stone year from after school tuition into full time training. Students follow individually tailored timetables and are fully supported in the selection of further training courses, the application and audition process.

Component	Learning Outcomes	Level	Credits
Classical Ballet	Develops classical ability through the understanding of postural awareness and the development of the classical technique, musicality and performance. Classes cover open work, repertoire and guest workshops.	4	35
Jazz	Continues development of Jazz dance ability through the study of open jazz dance classes and workshops.	4	20
Vocals	Develops the vocal ability through group and individual tuition. Focus is placed on safe vocal training, correct breathing and vocal technique as well as musical theatre repertoire.	4	6
Tap	Develops tap ability through open classes and workshops.	4	8
Acting	Provides an opportunity to develop acting skills and technique through open classes and workshops.	4	6
Hip Hop	Provides an understanding and knowledge of the Hip Hop style through open class work and workshops.	4	4
Integrated Health & Fitness Training Programme	Through personal nutrition sessions and advice, physiotherapy and dance specific fitness and strength programmes dancers gain vital knowledge and support to help prevent injury and develop core strength and fitness imperative for dance training.	4	15
Choreography	Students explore their own choreographic talents through the development of choreographic exercises and pieces. Students learn how to prepare director's plans and gain knowledge and understanding in other areas of theatre such as lighting, set design and stage management. They must choreograph 2 original works of contrasting style.	5	10
Performance	Regular in house performance opportunities give students the ability to showcase their performing art subjects and gain valuable performing experience. All students are able to audition for the mid year student show, the Graduation performance, and any external performance work available throughout the year.	5	5
Musical Theatre / Appreciation	Through a mixture of practical and theoretical study (including musical theatre classes and theatre visits), students develop their knowledge of musical theatre repertoire and its background.	4	5
Nutrition	This component is delivered as an 8 week block course and covers safe nutritional practice, balanced diets, muscle development, recovery and stamina in relation to dancers' needs.	4	1
Pilates	Students develop core strength, flexibility, control and improve their body awareness.	4	4
Repertoire	Provides an opportunity for students to learn professional repertoire in a variety of dance and musical theatre styles.	4	4
Stage Make-up	This component offers students a chance to develop their skills in skin care and make up for stage and Television.	4	2
TOTALS	Total possible credits		125
	Credits required to gain qualification		115